

Nutrition Facts
 Serving Size 1 cup (259g)
 Servings Per Container About 12

Amount Per Serving		% Daily Value*	
Calories	190	Calories from Fat	25
Total Fat	2.5g		4%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Polyunsaturated Fat	1g		
Monounsaturated Fat	0.5g		
Cholesterol	0mg		0%
Sodium	820mg		34%
Total Carbohydrate	37g		12%
Dietary Fiber	3g		12%
Sugars	13g		
Protein	5g		
Vitamin A	6%	Vitamin C	0%
Calcium	2%	Iron	8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: WATER, ENRICHED MACARONI PRODUCT (SEMOLINA WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2] AND FOLIC ACID), TOMATO PASTE, HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2% OF: SWEET DAIRY WHEY, SOYBEAN OIL, SALT, NATURAL FLAVORINGS, CULTURED BUTTERMILK SOLIDS, YEAST EXTRACT, ONION POWDER, BLENDING PAPRIKA, DISODIUM PHOSPHATE, APQ-CAROTENAL (COLOR) AND SOYBEAN LECITHIN.
 CONTAINS: MILK, WHEAT, SOY

Chef BOYARDEE[®]
Dinosaurs
 PASTA IN TOMATO & CHEESE SAUCE
 NET WT 108 OZ
 (6 LB 12 OZ)
 3.06 kg